**Flu/Covid clinics – 5th and 12th Ocotber 2024**

The surgery will be holding two Flu and Covid clinics on a Saturday this year on 5th and 12th October 2024 from 8.15am – 1pm. This clinic is open to all our eligible patients (see list below for eligibility) and patients will be given a timed appointment. Our booking system is open now and you can book your slot by calling our reception team on 01732 883161. We know that the phone lines can be busy and there is now an option to request a callback. We have had great feedback on our callback service and saves you having to hang on the telephone.

Please arrive at your allotted time and be aware that the car park is likely to be very busy so please do walk to the surgery if you are able to.

As always, it is advisable to bring an umbrella / sunscreen / winter coat in anticipation of the unpredictable October weather.

We look forward to seeing you then.

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| **Flu eligibility** | **Covid eligibility** |
| those aged 65 years and over | Adults aged 65 years and over |
| those in long-stay residential care homes | Residents in a care home for older adults |
| carers in receipt of carer’s allowance, or those who are the main carer of an elderly or disabled person | Frontline NHS and social care workers including those working in care homes for older people |
| close contacts of immunocompromised individuals | Organ, bone marrow or stem cell transplant patients |
| frontline workers in a social care setting without an employer led occupational health scheme including those working for a registered residential care or nursing home, registered domiciliary care providers, voluntary managed hospice providers and those that are employed by those who receive direct payments (personal budgets) or Personal Health budgets, such as Personal Assistants | Those being treated with systemic steroids for more than a month |
| Those who require long-term treatment for immunosuppression or those receiving immunosuppressive or immuno-modulating biological therapy. |
| Chronic respiratory disease, Chronic Heart/Vascular disease, Chronic Kidney/Liver disease, chronic neurological disease, Diabetes and adrenal insufficiency, immunosuppressed patients, patients with Asplenia or dysfunction of the spleen, morbid obesity. | Those with a history of haematological malignancy including chronic leukaemia, lymphomas, and leukaemia |
| Those with genetic disorders affecting the immune system |
| Those undergoing chemotherapy or radiotherapy |
| Pregnant women | Those living with HIV |